

9:30AM-3:30PM APRIL 26, 2025 KIRKLAND SPORTS COMPLEX

> Race through exciting locations as you complete fun challenges as a team in our annual fundraiser.





The West Island Cancer Wellness Centre (WICWC) is a registered charity dedicated to offering compassionate care and support to anyone experiencing cancer - either having it themselves or supporting someone with cancer.

We exist in response to the demand for a whole-person integrated approach to wellness that focuses on improving the health and well-being of people living with cancer by addressing their emotional, physical, spiritual, social, informational, practical, and systemic needs - collectively known as the 7 pillars of wellness.

All our programs are created to support and complement traditional medical practices and are FREE thanks to the Centre's fundraising events, community fundraisers and the generosity of our donors.





DO YOU LIKE A CHALLENGE?

... or 7 of them?

Get ready for the 4th Annual Challenge of the Brave! This peer-to-peer fundraising event leads up to a day unlike any other. Teams of 4 (friends, family, colleagues) raise vital funds for the West Island Cancer Wellness Centre and then will perform a series of challenges styled after the Amazing Race - a day of intense fun and teamwork. Teams will race to 7 locations on the West Island where points accumulated will lead to amazing prizes for top teams.



Do you enjoy working as a team to solve a puzzle or challenge?

- Team engagement, adventure, and different themes will appeal to people of all ages (18+), interests, and abilities.
- Challenges are focused on mind, body and spirit activities. *Past examples are: Painting, Dancing, Trivia, Cardio & More*



Would you like to do all this AND help hundreds of people living with cancer?

- Over 1200 active participants (cancer patients and their supporters), use WICWC services
- Over 3500 hours of programming offered to our participants each month at the Centre
- Over 35 new participants each month walk through the WICWC doors looking for help



If you answered yes to these questions, then we have the perfect challenge for you.

- Raffle prizes, music and local vendors will add to the fun
- Participants and community members are invited to a BBQ after party to celebrate the amazing day!

7 CHALLENGES Teamwork Haventure Languer

We're asking you to join us not just to participate, but to be a hero in someone's story by helping raise funds for cancer wellness.

It's simple!

Sign up for Challenge of the Brave. Every dollar raised brings us closer to ensuring that no one faces cancer without the support they deserve.

The WICWC does not receive government funding and relies solely on voluntary donations from corporations, foundations, individuals in the community and fundraisers.



DID YOU 🦪

REGISTER YOUR TEAM!

Limited space is available! Each team is asked to fundraise a total of \$2,000 Administration fee of \$25 per person to register We'll give you all the tools you need for successful fundraising!

- Go to the events page on our website Just one click to get started.
- www.wicwc.org/challenge-of-the-brave/
- Register in minutes Fill out a quick form with your basic info.
- Create a team of 4 Rally your friends, family and colleagues!
- Set up your fundraising page Personalize it easily with a few clicks.
- Start sharing Spread the word and watch the donations roll in.
- Get ready for the event You're all set to take part in the fun!





THE DETAILS



DATE: **APRIL 26, 2025**



TIME:

9:30AM - 3:30PM



BASE LOCATION

KIRKLAND SPORTS COMPLEX

16950 Hymus Blvd., Kirkland, H9H 3W7

EVENT ORGANIZING COMMITTEE

Teresa Broccolini, Broccolini
Nathan Campbell, RBC Wealth Management

Mathieu Canuel, RBC Wealth Management

Donna Coughlin

Elaine Gourlay, GMP Consultants

Laurie Lincoln, Air Canada (retired)

Jennifer Renglich, Bain Magique

Fauzia Sikender, Air Canada

Domenico Zito, Kirkland Councilor

Tony Zinno, Zinno Zappitelli Architect

EXTRA DETAILS

All donations must be received by Friday, April 18, 2025 Mailing address: WICWC, 115, rue Du Barry, Kirkland, QC H9H 0C4

FOR FURTHER INFORMATION, PLEASE CONTACT: Alisson Weiss, (514) 695-9355 xt. 111, alisson@wicwc.org



SEE YOU AT THE STARTING LINE ON APRIL 26, 2025



